

# Master Mindset

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## Has the Coronavirus got you down?

**Moved into the third stage of isolation where all hope is lost? Fear not, Diane Demetre has just the remedy.**

*Master Mindset* is Diane's latest release aimed at helping quell some of the uncertainty and anguish that has torn a gaping hole through what we used to call normal life.

"Covid is one of the greatest biological threats that humanity has ever faced," says Diane. "But that doesn't mean we need to sit in anguish. The virus has given us some space from the normal hustle and bustle – and there's freedom to be found in that."

Diane quotes Viktor Frankl who said when "we are no longer able to change the situation, we are challenged to change ourselves".

*Master Mindset* offers the springboard to do just that.

Blending science, personal empowerment, and spirituality, Diane shares her wisdom gained through owning successful businesses, decades of intense self-scrutiny, and conscious living. The book condenses Diane's more than forty-years of teaching, counselling, coaching, and leadership into precise and effective strategies aimed at transforming your consciousness.

"It's an opportunity to start freeing up your mindset and let your imagination run free to all the possibilities - make the leap from who you are, to who you want to be."

We might be in lockdown, but life is still busy. *Master Mindset* is a resource designed for the time poor. There are twenty-one teaching chapters written to be read in under twenty-one minutes, each with actionable exercises to reiterate the

lessons. It's goal is to re-energise your thinking, and in turn your habits, to create a more productive and fruitful outlook on life. One chapter a day for twenty-one days

and you're well on your way to developing those energising life-changing habits.

"We need to develop a relationship with ourselves," explains Diane. "When you engage with your inner being, you are empowering yourself and in turn, will energise your life."

"There is a reason everything happens, and that reason is us. Gratitude is the fastest way forward."

By the time the pandemic has passed, you'll be primed to launch into the world, ready to be more, do more of what matters, and have more of what counts.

Available only on Amazon.....

[AUDAmazon.com.au/dp/B086RV16WG](https://www.amazon.com.au/dp/B086RV16WG)

### Giveaway:

Diane is giving one lucky reader the chance to transform their life with a copy of *Master Mindset*. Be the first to email [HTDeputy@romanceaustralia.com](mailto:HTDeputy@romanceaustralia.com) to win.

Diane has developed a six week course too. Details on her website [mastermindset.com.au](http://mastermindset.com.au)

### BIO:

**Diane Demetre is an award-winning author of contemporary, genre-busting romance, suspense and mystery novels. Her intuitive insights into human behaviour are woven into her cast of characters, heightening the intrigue in her storytelling. Set in exotic locations, her stories are packed with emotional punch and feature empowered heroines who live life to the fullest.**

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